gutflix
GI learning, personalised

Summary

Help! My first shift in the on-call service

Kathrina Edenharter

UEG Week Berlin 2025 | Presentation

Nurses

October 5, 2025

The speaker presented an educational framework for preparing endoscopy nurses for their first on-call shift, emphasizing structured training, emotional support, and team-based competency assessment.

KEY POINTS

- The speaker described common emotions and physical reactions before first on-call shifts, including stage fright, fear of not mastering acute stress, increased heart rate, and sleep disturbance.
- Key support measures include pairing beginners with experienced physicians for patient safety, teaching workspace management skills, ensuring proper equipment organization, and using scenario-based emergency training with multidisciplinary teams.
- The speaker's unit provides 12 months of training before first on-call duty, starting with easier emergency cases and progressing based on individual personality and confidence rather than fixed timelines.
- Structured feedback and debriefing after each shift are essential, and the speaker emphasized never blaming a colleague after a difficult first shift, stating this can cause lasting emotional harm.
- Competency decisions are team-based in the speaker's unit, with beginners choosing their own instructor based on comfort level, and readiness assessed using onboarding checklists tracking specific procedures.

VIEW THIS CONTENT ON GUTFLIX

https://gutflix.eu/search/d/a59ae0b6-a82e-11f0-abd6-0242ac140006

AI-generated summary

This summary was generated by an AI large language model based on the content transcript. It is for informational purposes only and should not be considered a substitute for clinical judgment. Always rely on your professional expertise and the full clinical context when making clinical decisions.