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Summary

WHICH SIDE OF THE COLON IS MORE PRONE TO THE RECURRENCE OF COLONIC DIVERTICULAR BLEEDING? A RETROSPECTIVE OBSERVATIONAL STUDY

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Colorectal

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A retrospective study of 275 patients found that colonic diverticular bleeding from the right colon has a significantly higher rebleeding rate than left-sided bleeding after hospital discharge.

KEY POINTS

- Right-sided diverticular bleeding showed cumulative rebleeding rates of 18%, 26%, and 38% at 1, 3, and 5 years, compared to 13%, 15%, and 23% for left-sided bleeding, with statistical significance (P = 0.002).
- The adjusted hazard ratio for right-sided versus left-sided rebleeding was 1.87 (95% CI: 1.04–3.36) after controlling for age, sex, BMI, and clinical factors including medication use and endoscopic treatment.
- The study included 275 consecutive patients (182 men, 93 women, mean age 71 years) admitted between 2009 and 2022, with median follow-up of 26 months and overall rebleeding in 27% of patients.
- This research addresses a gap in the literature comparing rebleeding rates by anatomic location in colonic diverticular bleeding.

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