

Mistakes in faecal incontinence management and how to avoid them

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Mistakes In Articles

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An article reviews common mistakes in treating faecal incontinence and strategies to avoid them, drawing on evidence and clinical experience.

KEY POINTS

- Faecal incontinence is chronic involuntary loss of bowel content that causes embarrassment, shame, low self-esteem, and depression, significantly affecting quality of life.
- Treatment approaches vary and less invasive options should be tried before considering more invasive treatments.
- Treatment decisions should account for contributing factors, physician and patient preferences, and available procedures.
- The material is intended for clinicians managing faecal incontinence who want to improve treatment outcomes by avoiding common errors.

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