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Summary

HEALTH OUTCOMES OF CHILDREN WHO LACK CONTINUED FOLLOW-UP FOR CELIAC DISEASE: A REGIONAL COHORT STUDY

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In a cohort of 162 Swedish children with celiac disease, 14% lacked follow-up over the past 24 months, but this was not significantly associated with differences in dietary adherence, disease remission, or health-related quality of life.

KEY POINTS

- Among children without follow-up, 94% had normalized tissue-transglutaminase antibodies compared to 91% with continued follow-up, and mean dietary adherence scores were similar between groups (p=0.93).
- Lack of follow-up was not significantly associated with growth, gastrointestinal symptom scores, or health-related quality of life measures.
- The study examined 162 children diagnosed with celiac disease in 2013-2018 in Gothenburg, Sweden, with mean age 12.7 years and average disease duration 5.3 years at assessment.
- The authors note that how these results hold in larger samples with longer follow-ups, including the transition to adult care, warrants further study.

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