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Summary

DIAGNOSIS AND FOLLOW-UP OF CELIAC DISEASE – A CONTEMPORARY PATIENT MATERIAL

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Small Intestine & Nutrition

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Prospective study of 126 newly diagnosed celiac disease patients found 76% achieved complete mucosal healing at one year, better than previously reported outcomes.

KEY POINTS

- Among 95 patients with one-year follow-up data, 72 (76%) achieved complete mucosal healing (Marsh 0 or 1) and 89 (94%) showed complete healing or improvement from baseline
- Serologically at one year, 58% converted to normal TG2 levels and 73% to normal DGP levels
- Six of 126 patients (5%) were classified as seronegative celiac disease using TG2 as the serological test at diagnosis
- The study enrolled regular celiac disease patients rather than tertiary care referrals, with all receiving one dietician consultation after diagnosis
- Authors conclude the prognosis for mucosal healing one year after diagnosis is good and better than previously reported

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