

Summary: Exploring the onset - Insights into early IBD

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Presentation

Education & Training

IBD

Primary Care

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This session on early diagnosis and treatment of Crohn's disease emphasized that comprehensive diagnostic imaging at diagnosis is crucial for risk stratification and that treatment approach should include early top-down therapy tailored to individual patient needs.

KEY POINTS

- The speaker stated that comprehensive diagnostic imaging at the time of diagnosis is crucial for Crohn's disease patients and for future risk stratification
- Selecting an individualized monitoring tool at diagnosis that can be used for follow-up is as important as selecting personalized treatment, according to the speaker
- There is no single diagnostic tool to diagnose Crohn's disease, and monitoring tools should be individualized because faecal calprotectin has reduced sensitivity in some patients and ultrasound may be less accurate for proximal small bowel disease
- Early treatment in Crohn's disease is associated with better outcomes, and the speaker stated that top-down approach should be standard these days
- Treatment should be tailored to individual patient needs

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