

NURSE-LED CLINIC (NLC) TO STREAMLINE OPHTHALMOLOGY SCREENING FOR IBD PATIENTS PRIOR TO INITIATING SPHINGOSINE-1-PHOSPHATE RECEPTOR (S1PR) MODULATOR THERAPY

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UEG Week Berlin 2025

Presentation

Nurses

October 5, 2025

A nurse-led clinic model integrating ophthalmology screening into the care pathway for patients initiating S1PR modulators (etrasimod and ozanimod) in ulcerative colitis reduced time to treatment and improved efficiency at a tertiary IBD centre.

KEY POINTS

- Six patients completed comprehensive ophthalmology assessment including optical coherence tomography and consultant review in a one-stop clinic between July 2024 and March 2025.
- The structured protocol ensured timely access to specialist ophthalmology review and optimised communication across multidisciplinary teams, with all patients reviewed without referrals through primary care.
- Shifting initial assessments from consultant-led to nurse-led services improved efficiency, reduced consultant workload, and enhanced patient experience.
- The nurse-led clinic model is replicable in other centres adopting advanced therapies requiring specialist monitoring, though adaptation may be needed based on local infrastructure.
- S1PR modulators etrasimod and ozanimod are associated with increased risk of macular oedema, and approved labelling recommends ophthalmic evaluation prior to commencing treatment in all patients.

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