

Medicine, Gen Z and other disasters

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Podcast Episode

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A Swiss chief of Internal Medicine discusses how to attract and retain Generation Z medical professionals by fostering team culture, providing continuous feedback, and addressing work-life balance challenges.

KEY POINTS

- The guest published survey results showing that Swiss Gen Z students aspiring to study medicine demonstrate high intrinsic motivation and altruism similar to previous generations.
- Generation Z physicians want to understand the rationale behind tasks and expect constant feedback, unlike older generations who accepted 'no news is good news.'
- The guest maintains full staffing until 2026 by creating a family-like team environment, promoting open discussion of mistakes without blame, and teaching staff how to give constructive feedback.
- Switzerland faces a physician shortage amid debates about reducing workweek from 50 to 42 hours, while medical training requires six years of school plus five to six years of specialist training.
- The guest hopes artificial intelligence will reduce documentation burden and free up more time for direct patient care rather than creating distance from patients.

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