

OPEN ACCESS UPPER GASTROINTESTINAL ENDOSCOPY: A 4-YEAR EXPERIENCE AT AN ACADEMIC MEDICAL CENTRE

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Poster

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A four-year review of 436 open access oesophagogastroduodenoscopies at Singapore General Hospital found the approach safe and effective for patients aged 21-60 with non-alarming dyspepsia, with major findings in 5.7% and no major adverse events.

KEY POINTS

- Of 569 patients scheduled for open access oesophagogastroduodenoscopy between January 2019 and December 2022, 436 underwent the procedure with a median waiting time of 23 days and no major adverse events.
- Major findings were detected in 25 patients (5.7%), including 3 with gastric or oesophageal adenocarcinoma, 1 with incidental varices, and 21 with peptic ulcer disease.
- More than half of endoscopies (53%) were unremarkable, 180 had minor findings (gastritis, hiatal hernias, esophagitis, polyps, duodenitis), and 13.4% tested positive for *Helicobacter pylori* by rapid urease test.
- Only 2.6% of referred patients were rejected for not meeting inclusion criteria, and 19.5% were given gastroenterology follow-up appointments after the procedure.
- The authors conclude that open access oesophagogastroduodenoscopy is safe and effective for low-risk patients under 60 with non-alarming dyspepsia and encourage polyclinic referrals to this pathway.

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