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Summary

INFLAMMATORY BOWEL DISEASE IMPACT ON PATIENT'S SEXUAL DESIRE

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A cross-sectional study of 107 inflammatory bowel disease patients using the Sexual Desire Inventory found that 41% believed their disease affected their sexual desire, with solitary desire significantly more impaired than dyadic desire.

KEY POINTS

- The average Sexual Desire Inventory score was 52.99 out of 101 points, with dyadic sexual desire scores significantly higher than solitary scores (mean 4.6 vs 3.9, p=0.03)
- 41.12% of patients (44 individuals, including 24 women) reported that they believed their disease affected their sexual desire, rating the degree of impact as 5.43 out of 8 on average
- No statistically significant differences in sexual desire scores were found between ulcerative colitis and Crohn's disease patients, or between those with and without perianal disease or previous surgery
- Patients who reported disease-related sexual desire impairment had significantly lower scores on the solitary sexual desire question comparing themselves to peers (p=0.05)
- The authors conclude that sexual health in IBD requires further study given its impact on quality of life and the current lack of quality evidence

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