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Summary

IMPACT OF SMOKING HABIT ON THE OUTCOMES OF ENDOSCOPIC SLEEVE GASTROPLASTY

Maria Valeria Matteo

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A retrospective analysis of 275 endoscopic sleeve gastroplasty patients over 24 months found that smoking status (smoker, non-smoker, or ex-smoker) did not significantly affect weight loss outcomes or safety.

KEY POINTS

- Weight loss metrics (total body weight loss, excess weight loss, and absolute weight loss) were similar across smokers, non-smokers, and ex-smokers at 6, 12, and 24 months following endoscopic sleeve gastroplasty.
- No major perioperative complications were reported in any of the three smoking status groups.
- At 24 months, total body weight loss ranged from 12.2% in smokers to 14.9% in ex-smokers, with no statistically significant differences between groups.
- Follow-up adherence rates were comparable across groups, ranging from 73.5% to 93.1% at various time points.
- This material is relevant for clinicians counseling class 1 and 2 obese patients regarding endoscopic sleeve gastroplasty outcomes in relation to smoking habits.

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