

ESPEN-ESPGHAN-ECFS guideline on nutrition care for cystic fibrosis

Michael Wilschanski

Standards and Guidelines

Paediatrics

Small Intestine & Nutrition

December 26, 2023

An international multidisciplinary working group presents an update to the 2016 ESPEN-ESPGHAN-ECFS nutrition care guidelines for infants, children, and adults with cystic fibrosis.

KEY POINTS

- The updated guidelines cover nutritional assessment and management at all ages, with vitamin and pancreatic enzyme supplementation recommendations remaining largely unchanged from 2016.
- Expanded chapters address pregnancy, CF-related liver disease, CF-related diabetes, bone disease, nutritional and mineral supplements, and probiotics.
- New chapters cover nutrition with highly effective modulator therapies and nutrition after organ transplantation.
- The update was developed using literature review since 2016, PICO questions, the GRADE system, and voting by the Working Group and ESPEN members.

VIEW THIS CONTENT ON GUTFLIX

<https://gutflix.eu/search/d/ceee8dc2-37a1-11ef-811c-0242ac140004>



AI-generated summary

This summary was generated by an AI large language model based on the content transcript. It is for informational purposes only and should not be considered a substitute for clinical judgment. Always rely on your professional expertise and the full clinical context when making clinical decisions.