

DOES THE WEEKEND HAVE AN IMPACT ON THE COURSE OF NON-VARICEAL BLEEDING?

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Poster

Oesophagus

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A retrospective single-center study of 91 patients with non-variceal gastrointestinal bleeding found no weekend effect on time to endoscopy, hospital stay, transfusion requirements, or mortality between 2015 and 2023.

KEY POINTS

- Mean time to upper endoscopy was similar for weekend versus weekday admissions (11.9 hours vs 15.9 hours, $p=0.06$), as was time to colonoscopy (39.94 hours vs 49.15 hours, $p=0.11$).
- Overall mortality showed no significant difference between weekend and weekday groups (5% vs 12.9%, $p=0.25$).
- Length of hospital stay, red blood cell transfusion requirements, and catecholamine use did not differ significantly between groups.
- Weekend admissions showed a slight increase in need for endoscopic hemostasis procedures ($p=0.05$).
- The authors attribute the absence of a weekend effect to improved access to interventional endoscopy and multidisciplinary collaboration.

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