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Summary

COMPARING TRANSNASAL PEG TUBE PLACEMENT WITH AND WITHOUT SEDATION IN PATIENTS WHERE TRANSORAL PEG TUBE PLACEMENT NOT POSSIBLE

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Oesophagus

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A study of 49 patients compared transnasal percutaneous endoscopic gastrostomy tube placement with and without conscious sedation in patients with oral cavity or head and neck tumors.

KEY POINTS

- All 49 transnasal PEG tube placements were successful, with 25 patients receiving no sedation and 24 receiving 2 mg midazolam for conscious sedation
- Procedure time and patient tolerance were similar between sedated and unsedated groups
- Post-procedure recovery and discharge time was shorter for the unsedated group at 10 minutes plus or minus 5 minutes compared to 60 minutes plus or minus 10 minutes for the sedated group
- Minor complications included oxygen desaturation in 2 sedated patients managed during the procedure, minor nasal trauma in one patient per group, and stoma site infection in 2 sedated patients and 1 unsedated patient
- The authors conclude that transnasal PEG placement without sedation may be considered in patients with oral cavity obstructing masses or trismus, particularly in settings where anesthesiologists are unavailable

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