

Mistakes in paediatric inflammatory bowel disease and how to avoid them

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Mistakes In Articles

IBD

Paediatrics

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Approximately 1 in 10 inflammatory bowel disease cases present before adulthood, typically at age 11–12 years, with paediatric IBD characterized by more extensive and active disease than adult-onset forms.

KEY POINTS

- IBD in children and young people is associated with more extensive disease, increased disease activity, and a higher rate of complications compared with adult-onset IBD.
- Around 1 in 10 cases of IBD present before adulthood, with a median presentation age of 11–12 years.
- Data suggest the incidence of paediatric IBD is increasing, though worldwide prevalence estimates are currently lacking.

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