

Mistakes in the medical management of IBD and how to avoid them

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Mistakes In Articles

IBD

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This article examines common clinical pitfalls in managing inflammatory bowel disease, a condition affecting 0.5% to 1% of the population with variable severity and unpredictable progression.

KEY POINTS

- IBD presents unique healthcare challenges as it is too rare for primary care but sufficiently common for general gastroenterologists.
- Disease severity ranges from mild symptoms to severe, disabling manifestations with unpredictable progression, requiring coordinated multidisciplinary management.
- Recent advances in IBD pathogenesis understanding, diagnostics, therapies, and surgical techniques have significantly changed management approaches.
- The material draws on evidence and clinical experience to highlight treatment complexities and suggest improvements in patient outcomes.

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