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Summary

We do not accept organ boundaries: LAMS, GE

Nils Andersen

UEG Week Barcelona 2026 | Presentation

Nurses

October 18, 2026

EUS-guided gastroenterostomy using lumen-apposing metal stents offers an endoscopic alternative to surgery for gastric outlet obstruction with comparable outcomes and potential advantages in selected patients.

KEY POINTS

- The speaker reported a case of a 58-year-old woman with metastatic gastric cancer and gastric outlet obstruction who received EUS gastroenterostomy and remained free of obstruction symptoms until death 15 months later.
- ESG guidelines recommend EUS gastroenterostomy as an alternative with strong recommendation but low quality of evidence, designated for expert medical centres.
- The speaker stated that a randomised trial of 74 patients comparing EUS gastroenterostomy to surgical gastroenterostomy showed earlier solid intake, shorter hospital stay, and better quality of life.
- The technique uses lumen-apposing metal stents to create an anti-colic gastroenterostomy by anchoring the post-stenotic duodenal loop to the stomach under EUS guidance.
- EUS-guided techniques can also provide biliary access after bariatric surgery and enable biliary and gallbladder drainage, though evidence quality remains low.
- The speaker emphasised that stenting now extends beyond drainage to creating new anastomoses endoscopically, but stressed working within the limits of evidence and safety.

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