

RISK FACTORS OF METACHRONOUS COLORECTAL CANCER IN LYNCH SYNDROME

Oswaldo Ortiz

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Poster

Colorectal

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A retrospective multicenter study of 540 Lynch syndrome carriers with colorectal cancer found that colonoscopy surveillance was associated with a 94% reduction in metachronous colorectal cancer risk, while MLH1/MSH2 mutations and diagnosis before 2000 were associated with increased risk.

KEY POINTS

- Among 540 Lynch syndrome carriers with colorectal cancer followed for a median of 8.6 years, 107 developed metachronous colorectal cancer
- The 10-year metachronous colorectal cancer incidence was 17.9% for high-risk gene carriers (MLH1/MSH2) with partial colectomy, 6.4% for high-risk gene carriers with extensive colectomy, 4.8% for low-risk gene carriers (MSH6/PMS2) with partial colectomy, and 0% for low-risk gene carriers with extensive colectomy
- Colonoscopy surveillance was associated with reduced metachronous colorectal cancer risk (hazard ratio 0.06, 95% CI 0.04-0.09), while MLH1/MSH2 mutations (hazard ratio 2.49, 95% CI 1.2-4.77) and initial colorectal cancer diagnosis before 2000 (hazard ratio 1.61, 95% CI 1.02-2.55) were associated with increased risk
- The authors conclude that structured colonoscopic surveillance and optimized management strategies after 2000 have significantly mitigated metachronous colorectal cancer risk in Lynch syndrome carriers

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