

Mistakes in transitional care for children and young adults and how to avoid them

Patrizia Burra

Mistakes In Articles

Primary Care

August 31, 2023

An article outlines eight common mistakes in the transition from pediatric to adult care for adolescents with chronic diseases, a critical phase that can lead to loss of follow-up, treatment suspension, and increased complications.

KEY POINTS

- The transition from child-centered to adult-oriented care is complicated by varying age limits for pediatric care and scarcity of adult centers with specific expertise.
- The transition phase can lead to loss of follow-up, treatment suspension, and increased risks of complications or disease relapse.
- Many hospitals have implemented transition models with mixed results in satisfaction, disease control, and follow-up adherence, with frequent shortcomings in the process.
- The article identifies eight common mistakes during transition, supported by literature and professional experience, emphasizing that a well-organized transition program is essential.

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