APPLICATION OF A DIGITAL TOOL (ICYST) IN THE MANAGEMENT OF PATIENTS WITH PANCREATIC CYSTIC LESIONS: USEFUL OR FUTILE?

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UEG Week Vienna 2024 | Poster

Pancreas

October 13, 2024

A retrospective study of 100 patients with pancreatic cystic lesions found that at least one international guideline was followed in 91% of cases, with no statistically significant association between guideline adherence and patient outcomes.

KEY POINTS

- Among 100 patients with pancreatic cystic lesions followed at a tertiary center (mean follow-up 4.3 years), guideline adherence rates were European 73%, AGA 71%, and IAP 58%, with 9% following no guideline.
- Lesion growth greater than 5 mm occurred in 11% of patients, with no statistically significant association between guideline adherence and disease evolution.
- Of 9 patients in whom no guideline was followed, only 1 had lesion growth (an IPMN with high-risk features); this patient refused intervention and died from a non-pancreatic cause.
- The study used the iCyst electronic application to retrospectively assess whether guidelines were correctly followed at diagnosis and whether non-adherence negatively impacted patients.

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