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Summary

Introduction: Dilemmas in ulcerative colitis: Back to the basics or fast forward

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This educational session addresses treatment dilemmas in ulcerative colitis by examining both conventional therapy fundamentals and advanced treatment decision-making in the context of expanding therapeutic options, evolving treatment targets, and rising disease prevalence.

KEY POINTS

- The session identifies three key observations shaping current UC management: increasing therapeutic options, increasingly robust treatment endpoints, and rising worldwide IBD incidence and prevalence
- Three central questions are posed: whether newer treatments are superior to conventional therapy, what costs new treatments impose on patients and society, and how to choose among options considering health economics
- The first part of the session examines the position and effective use of conventional therapy in ulcerative colitis
- The second part addresses advanced treatments, including when to step up therapy and when to switch, swap, or stop advanced treatments
- The session explores when additional advanced treatment in ulcerative colitis may be excessive

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