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Summary

ARE TISSUE SAMPLING GUIDELINES FROM THE ESGE IN COLITIS FOLLOWED IN CLINICAL PRACTICE?

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Colorectal

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A single-centre retrospective audit found poor adherence to ESGE tissue sampling guidelines in patients undergoing colonoscopy for colitis, with compliance ranging from 8% for chromoendoscopy during surveillance to 64% for segmental biopsy protocols in new diagnoses.

KEY POINTS

- Only 64% of patients with new colitis diagnosis followed ESGE segmental biopsy protocol requiring at least two biopsies from each colonic segment placed in different containers
- During surveillance colonoscopy, only 58% followed ESGE biopsy protocol and only 8% received chromoendoscopy as recommended by ESGE guidelines
- Among patients assessed for colitis activity, 85% had biopsies taken, but CMV inclusion bodies were commented on in only 41% and specifically requested on histology forms in only 29%
- The authors recommend improved dissemination of ESGE guidelines within the endoscopy department and suggest that specifically requesting CMV inclusion body assessment on histology forms may improve detection rates

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