

CLINICAL PHENOTYPE AND DISEASE COURSE OF INFLAMMATORY BOWEL DISEASE IN IRAN: THE FIRST NATIONAL STUDY FROM MIDDLE EAST

Reza Malekzadeh

UEG Week Copenhagen 2023

Poster

IBD

October 15, 2023

A cross-sectional study of 9746 Iranian IBD patients from 2017-2022 describes clinical phenotypes, disease course, and medication patterns in a Middle Eastern population with a UC to CD ratio of 3.99.

KEY POINTS

- The study included 7793 UC patients and 1953 CD patients, with median age at diagnosis of 29.2 years for UC and 27.6 years for CD
- Among UC patients, 47% had pancolitis, 93.5% received 5-ASA therapy, and 63.7% had active disease in the past 2 weeks
- Among CD patients, 43.7% had ileocolonic involvement, 38.4% had been treated with anti-TNF, and stricturing behavior prevalence was 4.6%
- IBD-related surgeries occurred in 2.7% of UC patients and 14.2% of CD patients, while admissions in the past 3 months occurred in 10.0% and 15.3% respectively
- This nationwide registry represents the first comprehensive report of IBD characteristics from the Middle East and highlights geographical differences in IBD presentation

VIEW THIS CONTENT ON GUTFLIX

<https://gutflīx.eu/search/d/64da1778-743b-11ee-848d-0242ac140004>



AI-generated summary

This summary was generated by an AI large language model based on the content transcript. It is for informational purposes only and should not be considered a substitute for clinical judgment. Always rely on your professional expertise and the full clinical context when making clinical decisions.