

IMPROVING TRAINING IN ENDOSCOPIC MANAGEMENT OF UPPER GI BLEEDS (UGIB)

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Poster

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A one-day Upper Gastrointestinal Haemostasis Course run in Bristol between November 2021 and November 2022 improved trainee confidence in managing UGIB on-call from 4/10 to 8/10 ($p < 0.005$) using hands-on porcine models and small group teaching.

KEY POINTS

- The Bristol Endoscopy Training Collaborative developed the course because there is no standardised UGIB training in the UK gastroenterology curriculum and training has been reduced to four years, limiting trainee experience.
- Four courses were delivered with 8 delegates and 4 faculty each, costing approximately £3000 per course and fully funded by the Southwest Endoscopy Training Academy and Health Education England.
- Hands-on training covered adrenaline injection, heater probe, clip placement, haemostatic powder, variceal banding, sclerotherapy, Sengstaken Tube insertion, and oesophageal stent placement using porcine and plastic models.
- Of 31 delegates across four courses, 23 completed questionnaires; all stated they would recommend the course to a colleague, with self-reported improvements in recognising pathology, technical skills, and report writing.
- The authors suggest the course can be reproduced at other regional centres and would benefit those looking to refresh or up-skill in UGIB management.

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