

PREVALENCE OF INCIDENTAL ASYMPTOMATIC TERMINAL ILEITIS DIAGNOSED ON ILEO-COLONOSCOPY

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Poster

Colorectal

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A single-center cross-sectional study of 2773 patients with ileal intubation found asymptomatic terminal ileitis in 5% of cases, with definitive Crohn's disease diagnosed in 5.75% of those with ileitis.

KEY POINTS

- Terminal ileitis was found in 5% (139/2773) of patients undergoing colonoscopy with ileal intubation between September 2020 and March 2023, after excluding patients with known inflammatory bowel disease, chronic diarrhea, elevated calprotectin, or prior ileitis
- Of the 90.6% of terminal ileitis cases in which biopsies were performed, histology showed erosive and ulcerated ileitis in 36.5%, non-specific findings in 44.4%, and normal histology in 12.7%
- Definitive Crohn's disease was diagnosed in 5.75% (8 patients) of those with asymptomatic terminal ileitis
- The finding of asymptomatic terminal ileitis was not associated with colonoscopy indication, occurring across colorectal cancer screening (57.5%), gastrointestinal red flag symptoms (28.8%), and abdominal pain (13.7%) groups
- The authors conclude that longitudinal follow-up studies are needed to determine the clinical significance and incidence of IBD or other conditions in patients with asymptomatic terminal ileitis

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