

EAES, SAGES, and ESCP rapid guideline: bowel preparation for minimally invasive colorectal resection

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Standards and Guidelines

Digestive Oncology

Surgery

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A collaborative international guideline provides evidence-informed recommendations on bowel preparation protocols for different minimally invasive colorectal surgery procedures, developed through systematic review, network meta-analysis, and structured consensus by an interdisciplinary panel.

KEY POINTS

- For minimally invasive right colon resection, either oral antibiotics alone or mechanical bowel preparation plus oral antibiotics are suggested options, with the combined approach recommended when intracorporeal anastomosis is intended
- Mechanical bowel preparation plus oral antibiotics is suggested for minimally invasive left colon and sigmoid resection
- For minimally invasive rectal surgery, mechanical bowel preparation plus oral antibiotics plus enema is suggested
- When intraoperative lesion localization is intended in minimally invasive colorectal surgery, mechanical bowel preparation plus oral antibiotics is strongly recommended
- The guideline was developed by EAES, SAGES, and ESCP using GRADE and CINEMA methods with input from surgeons, infectious disease specialists, an anesthetist, and a patient representative

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