

# INFLAMMATORY BOWEL DISEASE WITH CONCOMITANT ENDOMETRIOSIS: CHARACTERIZATION AND 1-YEAR CLINICAL OUTCOME IN A PROSPECTIVE STUDY

Stefano Migliozzi

UEG Week Copenhagen 2023

Poster

IBD

October 15, 2023

**A multidisciplinary study found endometriosis in 71% of IBD patients with compatible symptoms, with deep infiltrating endometriosis present in all cases and rectal involvement in 24%.**

## KEY POINTS

- Among 35 female IBD patients in childbearing age with symptoms compatible with endometriosis, 25 (71%) were diagnosed with endometriosis by transvaginal ultrasonography, including 12 with Crohn's disease and 13 with ulcerative colitis.
- All 25 IBD patients with endometriosis had deep infiltrating endometriosis, with rectal endometriosis detected in 6 (24%) and adenomyosis in 19 (76%).
- At 6-month follow-up, among 7 patients on dienogest or estroprogestinic treatment, 4 reported no endometriosis-related symptoms and 5 reported no abdominal pain.
- At 12-month follow-up of 6 patients on progestinic treatment, only 2 reported abdominal pain and 3 reported recurrence of endometriosis-related symptoms.
- The authors suggest that endometriosis should be searched for and treated in young IBD patients with compatible symptoms to avoid ineffective treatments.

VIEW THIS CONTENT ON GUTFLIX

<https://gutflix.eu/search/d/130283ca-743d-11ee-b92d-0242ac140004>



**AI-generated summary**

This summary was generated by an AI large language model based on the content transcript. It is for informational purposes only and should not be considered a substitute for clinical judgment. Always rely on your professional expertise and the full clinical context when making clinical decisions.