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Summary

EARLY VERSUS LATE OCULAR EXTRAINTESTINAL MANIFESTATIONS IN INFLAMMATORY BOWEL DISEASE IDENTIFY DISTINCT CLINICAL TRAJECTORIES: A SWEDISH REGISTRY-BASED STUDY

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Surgery | IBD

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Retrospective Swedish registry study suggests that ocular extraintestinal manifestations occurring around IBD diagnosis identify a distinct inflammatory phenotype characterized by uveitis predominance and higher likelihood of biologic therapy escalation.

KEY POINTS

- Among 59 IBD patients with inflammatory ocular EIMs, those with early onset (within 12 months of IBD diagnosis, n=15) had 100% uveitis compared to 66% in late onset (n=44, p=0.0067)
- Early onset was associated with 7.8-fold higher odds of therapy escalation to biologics (95% CI 2.1–29.4, p=0.003), though no escalation was solely for ocular disease
- Early onset patients had lower prior biologic exposure (OR 0.15, 95% CI 0.03–0.70, p=0.028) before IBD diagnosis
- Among patients with recurrent ocular EIMs, early onset cases more often experienced multiple recurrences (>3 episodes: 85% vs 46%), though this difference was not statistically significant
- IBD phenotype, smoking status, and coexistence of other extraintestinal manifestations did not differ significantly between early and late onset groups

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