

European Guideline on Microscopic colitis - UEG and EMCG consensus recommendations

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Standards and Guidelines

Histopathology

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Immunology

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European guidelines for microscopic colitis provide evidence-based recommendations on diagnosis and treatment of this chronic inflammatory bowel disease characterised by watery diarrhoea and normal-appearing colon.

KEY POINTS

- Microscopic colitis has three histological subtypes: collagenous colitis, lymphocytic colitis, and incomplete microscopic colitis, all presenting with chronic watery nonbloody diarrhoea and normal or almost normal endoscopic appearance
- The guidelines were developed using systematic literature review and the GRADE methodology by a multidisciplinary working group including gastroenterologists, pathologists and basic scientists from the European Microscopic Colitis Group and United European Gastroenterology
- Treatment options addressed include oral budesonide, bile acid binders, immunomodulators and biologics
- The guidelines provide recommendations on diagnostic criteria, epidemiology, risk factors and clinical management based on evidence, expert opinion and best clinical practice
- The guidelines are intended to support clinicians worldwide in improving medical care for patients with microscopic colitis

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