

REAL WORLD ENDOSCOPIC AND HISTOLOGIC OUTCOMES IN INFLAMMATORY BOWEL DISEASE PATIENTS: A RETROSPECTIVE COHORT STUDY

Theodor Alexandru Voiosu

UEG Week Copenhagen 2023

Poster

IBD

October 15, 2023

In a prospective IBD cohort of 219 patients followed for a median of 2 years, only 15% achieved histologic healing overall and no investigated factors predicted histologic remission after logistic regression analysis.

KEY POINTS

- Among 51 patients who achieved mucosal healing, 58% (30 patients) also achieved histologic remission, while overall only 35 of 219 patients (15%) achieved histologic healing
- Mucosal healing was recorded in 23.2% of patients (51 of 219) at 16% of study visits (76 of 452 visits) over a median 2-year follow-up period
- Logistic regression analysis found that none of the investigated patient or disease-related factors, including mucosal healing, were associated with achieving histologic remission
- The authors conclude that mucosal healing and endoscopic remission rates are low in real-life settings and that commonly used factors are not reliable predictors for histologic remission
- This retrospective analysis may be relevant for clinicians considering histologic endpoints as therapeutic targets in IBD management

VIEW THIS CONTENT ON GUTFLIX

<https://gutflix.eu/search/d/3f91098a-743c-11ee-9258-0242ac140004>



AI-generated summary

This summary was generated by an AI large language model based on the content transcript. It is for informational purposes only and should not be considered a substitute for clinical judgment. Always rely on your professional expertise and the full clinical context when making clinical decisions.