

Mistakes in gastrostomy insertion and how to avoid them

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Mistakes In Articles

Small Intestine & Nutrition

Stomach & H. Pylori

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This article combines author opinion with evidence to address management and patient selection for long-term gastrostomy feeding, topics less extensively covered in the published literature despite clear clinical guidelines and numerous studies on the intervention itself.

KEY POINTS

- Long-term enteral nutrition via gastrostomy is a relatively common intervention for patients at risk of malnutrition who have an accessible and functioning gastrointestinal tract
- Clear clinical guidelines exist describing principles of practice, supported by numerous retrospective and non-randomised controlled studies and case series
- Fewer publications offer advice and guidance specifically on management and patient selection for gastrostomy interventions
- The article presents a combination of the author's views alongside the available evidence base
- Clinicians involved in gastrostomy decision-making or management would benefit from this perspective on patient selection

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