

EASL Clinical Practice Guidelines on the management of liver diseases in pregnancy

Standards and Guidelines

Hepatobiliary

June 30, 2023

The European Association for the Study of Liver Disease developed clinical practice guidelines for managing liver disease in pregnancy, addressing both gestational and pre-existing hepatic disorders that carry significant maternal and fetal morbidity and mortality risk.

KEY POINTS

- Liver diseases in pregnancy include both gestational liver disorders and acute or chronic hepatic disorders occurring coincidentally during pregnancy
- Both pregnancy-related and pre-existing liver diseases are associated with significant risk of maternal and fetal morbidity and mortality
- The guidelines provide evidence-based recommendations covering pre-existing liver disease, gestational liver disease, medications in pregnancy, pre-pregnancy counselling, delivery, and contraception
- The guidelines are intended for hepatologists, gastroenterologists, obstetric physicians, general physicians, obstetricians, specialists in training, and other healthcare professionals caring for pregnant patients with liver disease

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