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Summary

Liver nurses & allied health professions in Europe – the EASL Nurses and AHP Taskforce

UEG Week Barcelona 2026 | Presentation

Nurses

October 17, 2026

This presentation introduces the role of nurses and allied health professionals in liver disease management across Europe and the work of the Easl nurses and AHP Task Force in advancing person and family centred care for people with cirrhosis.

KEY POINTS

- The speaker illustrated how people with cirrhosis experience overlapping physical symptoms, treatment side effects, and psychosocial challenges including loss of appetite, muscle wasting, difficulty with daily activities, alcohol cessation struggles, relationship strain, and fear of judgment from healthcare professionals.
- Multi-professional expertise from nurses, dietitians, physiotherapists, psychologists, occupational therapists and pharmacists is needed to address these complex needs through health promotion, education, care coordination, nutrition and physical activity advice, medication counselling, psychosocial support and complication management.
- In some European settings specialist nurses have expanded roles including independent clinical assessment, leading clinics, prescribing medication titration and performing procedures, though opportunities and professional frameworks differ significantly across countries.
- The Easl nurses and AHP Task Force, founded in 2016, develops educational programs, shares evidence based knowledge and builds professional networks to strengthen treatment and care for people with liver disease and their families.
- The speaker encouraged membership in the Easl nursing and AHP community for €25 per year, which provides access to almost 500 on demand educational sessions and opportunities for bursaries, mentorships and the Excellence in Liver Care Award.

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