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Summary

Panel discussion: Advancing endoscopic resections in the colon

UEG Week Barcelona 2026 | Presentation

Colorectal | Endoscopy

October 19, 2026

Panel discussion addressed surveillance intervals, resection training centralization, and quality metrics following presentations on colorectal polyp management.

KEY POINTS

- The speaker advocated for building large expert centres for advanced resection training before widespread dissemination, stating that 200 practitioners each performing 30-50 cases annually produces suboptimal results.
- The speaker reported that in their screening program, 90-95% of polyps smaller than 15mm are still removed using snare technique, and stated that ESD training improves overall unit quality in colonoscopy and polypectomy.
- Discussion highlighted that only 1 in 20 adenomas develops into cancer over time, supporting extended surveillance intervals when high-quality colonoscopy with documented quality indicators is performed.
- Panelists discussed the challenge of patients receiving FIT testing between scheduled surveillance colonoscopies and the difficulty of managing positive results when prior high-quality examination was documented.
- Cultural differences in treatment decisions for elderly patients were noted, with the Netherlands and Canada described as more accepting of conservative management compared to France and Italy.

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