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Summary

Management of Peutz-Jeghers Syndrome in Children and Adolescents: A Position Paper From the ESPGHAN Polyposis Working Group

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Standards and Guidelines

Digestive Oncology | Endoscopy | Paediatrics | Primary Care | Small Intestine & Nutrition

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This European Society for Paediatric Gastroenterology Hepatology and Nutrition position paper provides guidance on diagnosis, assessment, and management of Peutz-Jeghers syndrome in children and adolescents.

KEY POINTS

- Peutz-Jeghers syndrome is an inherited syndrome characterized by gastrointestinal polyps and characteristic mucocutaneous freckling.
- Small bowel polyps may lead to intussusception in children, potentially requiring emergency laparotomy with risk of bowel loss, and gastrointestinal polyps may cause bleeding and anemia.
- The position paper provides guidance on avoiding complications from PJS or from endoscopic procedures performed on these patients.
- Many recommendations are based on expert opinion from pediatric and adult specialists, as studies forming the evidence base were largely descriptive or retrospective.
- This is the first ESPGHAN position paper on PJS and is intended to guide appropriate management and timing of procedures in pediatric and adolescent patients.

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